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#### **FORMULATION AND EVALUATION OF TIMOLOL MALEATE OPTHALAMIC GEL FORMING SOLUTION WITH CARRAGENAN AND DIFFERENT PRESERVATIVE SYSTEM**



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#### **Abstract**

The aim of this study was to develop a gel forming solution with carrageenan polymer which can give prolonged effect and evaluate it for different parameters such as pH, viscosity, osmolality, gelling capacity, assay of preservative and Timolol maleate, presence of related substances, preservative efficacy, in-vitro release and drug release kinetic studies. The results obtained during the evaluation of Timolol maleate ophthalmic gel forming solution with carrageenan and different preservative systems are summarised below: The pH of all the formulations was determined and it was found within the specified limits and this cleared that the formulation will not cause any irritation in the eye. Viscosity of all the formulations was found suitable and in-vitro gelling capacity test was performed. Formulation with parabens (GF6) and formulation with SOC (GF3) showed good gelling capacity. Osmolality of all the formulations was determined by Osmometer instrument and it was found that all formulations possessed osmolality within the specified limits indicating that the formulations will not cause any discomfort upon instillation. From the available preservatives, parabens (combination of methyl paraben sodium and propyl paraben sodium), SOC and sodium perborate tetrahydrate were used because of their compatibility with the other formulation ingredients. Benzalkonium chloride and benzododecinum bromide were failed because they caused thread formation in the formulation.

**Keywords: -** : osmolality, gelling, ophthalmic gel, parabens etc.

## **Introduction**

Like propranolol and nadolol, timolol competes with adrenergic neurotransmitters such as catecholamines for binding at beta (1)-adrenergic receptors in the heart and vascular smooth muscle and beta (2) receptors in the bronchial and vascular smooth muscle. Beta (1)-receptor blockade results in a decrease in resting and exercise heart rate and cardiac output, a decrease in both systolic and diastolic blood pressure, and, possibly, a reduction in reflex orthostatic hypotension. Beta (2)-blockade results in an increase in peripheral vascular resistance. The exact mechanism whereby timolol reduces ocular pressure is still not known. The most likely action is by decreasing the secretion of aqueous humor. It is under the categories of antihypertensive agents, adrenergic beta antagonists and anti arrhythmia agents. The molecular weight of the drug is 316.42.

The chemical formula is  $C_{13}H_{24}N_4O_3S$ , the melting point of the drug is 201.5-202.5 °C. In its oral form it is used to treat high blood pressure and prevent heart attacks, and occasionally to prevent migraine headaches. In its ophthalmic form it is used to treat open-angle and occasionally secondary glaucoma. The IUPAC name of the drug is (S)-1-(tertbutylamino)-3-[(4-morpholin-4-yl-1, 2, 5-thiadiazol-3-yl) oxy] propan-2-ol. The structure of the drug is given below:



Figure 1: structure of timolol maleate

**Table 1: Pharmacokinetic parameters of Timolol**  Sodium perborate tetrahydrate, stabilized oxychloro **Maleate**

<b>Parameters</b>	Values
Bioavailability	60%
Metabolism	Primarily hepatic 80 %
<b>Protein binding</b>	$10\%$
Half life	$2.5-5$ hours

#### **Materials and Methods**

**Experimental Methods:** 

Timolol maleate was received from Ven petrochem. Tris buffer, sodium chloride, sodium bicarbonate, sodium hydroxide and hydrochloric acid were purchased from Merck.

complex and calcium chloride dehydrate were purchased from Sigma Aldrich.Diethylene triamine penta methylene phosphonic acid hepta sodium salt (25% w/v aq. solution) was purchased from Sigma life science. Mannitol was purchased from Roquette france. Carrageenan gum was purchased from CP Kelco. Sodium carboxymethylcellulose was purchased from Signet chemical corporation pvt. ltd. Methyl paraben sodium and propyl paraben sodium were purchased from Gujrat organics ltd. Milli-Q water and 20 micron polypropylenen filter were purchased from Millipore.





## **Evaluation Parameters:**

**Pre compression parameters**

**Characterization of drug**

**Table 3: Characterisation of Timolol maleate**



#### **Drug-excipient compatibility study**

Drug was mixed with each excipient in ratio of 1:1 and then filled in the vials. These vials were observed for any physical change for 14 days. There was no physical interaction observed.

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S. No.	<b>Mixture</b>	<b>Discoloration</b>	Liquefaction	<b>Clump</b> formation
1.	Drug + carrage enan			
2.	Drug+mannitol			
3.	Drug+tris buffer			
4.	$Drug+SOC$			
-5.	$Drug+SPT$			
6.	Drug+MPS+PPS			

Table 4: List of mixtures kept for compatibility studies

+ Incompatibility; - Compatibility

# **Post compression evaluation parameters**

# **Table 5: Strategy for the study to be done and formulation used**



## **Test for Appearance**

All formulations were checked against black and white background.

# **Table 6: Appearance and clarity parameters of formulations**



## **Determination of pH**

The pH of all the formulations was checked by digital pH meter. The pH meter was calibrated before each use with buffer solutions of pH 4, pH 7 and pH 10. The pH of all the formulations was found within the range of 6-7.5 indicating that formulations will not cause irritation in eye.

## **Table 7: The pH of formulations GF1 to GF9**







## **Determination of Osmolality**

Osmolality of all the formulations was checked by osmometer. For this dilution of all the formulations was done to make the concentration one fifth and took 200 microlitre sample of each formulation to determine osmolality.

#### **Table 8: Osmolality of all the formulations**



**Volume-6, Issue-2, April-2015** Fig 3: Osmolality of different formulations



#### **Viscosity Determination**

The formulation should have an optimum viscosity that will allow for easy instillation into the eye, which would undergo a rapid sol to gel transition. So viscosity measurement was done. Viscosity of all the formulations was determined by Brookfield viscometer and it was found within the range of 41.73 to 103.03cps.

#### **Table 9: Viscosity of all formulations at 90 rpm**







## **Determination of Gelling Capacity**

Before gelling, viscosity was determined at  $25\pm1\textsuperscript{o}C$  and after gelling, viscosity was determined at  $35\pm1\textsuperscript{o}C$ with spindle no. S31.







The flow behaviour of sample (formulation with tear fluid) was determined by various signs obtained by visually inspection. Flow behaviour with the "+" sign indicates the vehicle is in the liquid form and is very easy to f which show mild gelation after a few minutes and the gel dissolves rapidly. The " $++$ " indicates that the vehicle in the liquid–gel like form and flows less rapidly and the gel remains for  $\leq 1$  hr. The flow behaviour with " $++$ " indicates that the sample is in the gel form and is difficult to flow which shows immediate gelation and gel remains for few hours.

#### **Table 11: Gelling capacity of formulations**



Notice  $: +:$  Mild gelation after a few minutes and gel dissolves rapidly

++ : Gelation immediate and remains for ≤1 hr

 $++$ : Gelation immediate and remains for extended period ( $\geq 1$  hr)

#### **Drug Content Determination**

The drug content of all formulations was determined by UV spectrophotometer by taking absorbance at 295 nm. Percent drug content of all the formulations are in the range of 97-102%.

<b>Formulation code</b>	Percentage content(mean $\pm SD$ )
GF1	$99.23 \pm 0.43$
GF <sub>2</sub>	$101.52 \pm 2.49$
GF3	$98.30 \pm 1.24$
GF4	$98.34 \pm 1.30$
GF <sub>5</sub>	$97.61 \pm 1.08$
GF <sub>6</sub>	$99.12 \pm 0.62$
GF7	$97.92 \pm 1.34$
GF <sub>8</sub>	$100.04 \pm 1.40$
GF9	$97.15 \pm 1.67$

**Volume-6, Issue-2, April-2015 Table 12: Percentage content of Timolol maleate**

#### **Fig.6: Drug content of all the formulations GF1 to GF9**



## **Determination of MPS and PPS Content**

The content of MPS and PPS was determined by HPLC. HPLC results are given below. Percent of preservative content in all the three formulations are in the range of 97.4 to 98.46% in case of MPS and 97.92 to 99.37% in case of PPS.

Table 13: MPS and PPS content of formulations GF4, GF5 and GF6					
S.No.		Formulation code   MPS content(%)(mean±SD)	PPS content(%)(mean $\pm$ SD)		
	GF4	$97.94 \pm 1.08$	$99.37 \pm 0.83$		
	GF5	$98.46 \pm 1.22$	$97.92 \pm 1.73$		

**Table 13: MPS and PPS content of formulations GF4, GF5 and GF6**



3 GF6 97.40 $\pm 1.60$  98.76 $\pm 0.11$ 



From the above figure it is concluded that all the three formulations GF4, GF5 and GF6 have MPS and I content within the range 97-99.5%.

## **Determination of SOC Content**

The content of SOC in three formulations GF1, GF2 and GF3 was determined by titrimetry. The results of SOC content are given in table below. Percent content of SOC in all the three formulations is in the range of 97.63 t 99.22%.

<b>S. No.</b>	<b>Formulation code</b>	SOC content(%)(mean $\pm$ SD)
	GF)	$97.63 \pm 0.80$
	7F2	$99.22 \pm 0.64$
	GF3	$98.69 \pm 1.07$

**Table 14: Content of SOC in formulations GF1, GF2 and GF3**



GF<sub>2</sub>



From the above figure it is concluded that the three formulations have SOC content within the limits.

# **Determination of Sodium perborate tetrahydrate (SPT) Content**

96.5 96 95.5

The SPT content in three formulations GF7, GF8 and GF9 was also determined by titrimetry. The results of SP' content are given in the table below. Percentage of SPT in all the three formulations is in the range of 97.63 to 99.22%.





From the above figure it is concluded that the three formulations have SPT content within the acceptable range.

## **Preservative Efficacy Test**

In this study, formulations with different concentrations of SOC such as 50% SOC coded as GF10 and 100% SOC coded as GF3 were prepared. In the same way formulations with 50% parabens named as GF11 and 100% parabens coded as GF6 were prepared. Formulations with 50% Sodium perborate coded as GF12 and 100% Sodium perborate coded as GF9 were also prepared and all these six formulations were tested for their preservative effectiveness.

According to USP the ophthalmic products come under category 1.

#### **Table 16: Testing parameters for formulations GF10, GF3, GF11, GF6, GF12 and GF9**



#### **Table 17: Culture condition for inoculums preparation**



**Volume-6, Issue-2, April-2015 Table 18: Microbial count observation of formulation GF10 containing 50% SOC**

		<b>Counts (CFU/ml)</b>				
<b>Name of</b> organism	<b>Inoculum</b> Count (CFU/ml)	<b>Initial</b> calculated	At "7 <sup>th</sup> day"	At " $14th$ day	At"28th day"	<b>Specification</b>
E.coli <b>ATCC8739</b>	$07x\;10^8$	$07 \times 10^6$	$08x\;10^5$	$07x 10^4$	$04x\;10^2$	Not specified
P.aeruginosa ATCC9027	$07 \times 10^8$	$0.5 \times 10^6$	$04 \times 10^4$	$06x\;10^3$	$04x10^1$	Not specified
S. aureus <b>ATCC6538</b>	$06x 10^8$	$04x\;10^6$	$06 \times 10^5$	$04x 10^3$	$06x\;10^2$	Not specified
C.albicans <b>ATCC 10231</b>	$08 \times 10^8$	$0.3x 10^6$	$02 \times 10^5$	$0.5x 10^3$	$03x 10^1$	Not specified
A.niger ATCC16404	$07 \times 10^8$	$04x\;10^6$	$04 \times 10^4$	$04x\ 10^2$	08x 10 <sup>1</sup>	Not specified

**Table 19: Microbial count observation of the formulation GF3 containing 100% SOC**



**Table 20: Microbial count observation of formulation GF11 containing 50% Parabens**



**Volume-6, Issue-2, April-2015 Table 21: Microbial count observation of formulation GF6 containing 100% Parabens**

	<b>Counts (CFU/ml)</b>					
Name of organism	<b>Inoculum</b> Count (CFU/ml)	<b>Initial</b> calculated	At " $7th$ day"	At " $14^{\text{th}}$ day"	$At$ "28th day"	<b>Specification</b>
E.coli <b>ATCC8739</b>	$07x\;10^8$	$04x\;10^6$	$06 \times 10^3$	$04 \times 10^2$	08	Not specified
P.aeruginosa ATCC9027	$07 \times 10^8$	$0.5 \times 10^6$	$04 \times 10^{2}$	$05 \times 10^{1}$	Nil	Not specified
S. aureus ATCC6538	$06 \times 10^8$	$08x\ 10^6$	$08 \times 10^{3}$	07x 10 <sup>1</sup>	02	Not specified
C.albicans <b>ATCC 10231</b>	$08x\;10^8$	$04 \times 10^6$	$0.5x 10^3$	04x 10 <sup>1</sup>	Nil	Not specified
A.niger ATCC16404	$07 \times 10^8$	$03 \times 10^6$	$04 \times 10^2$	06x 10 <sup>1</sup>	<b>Nil</b>	Not specified

## **Table 22: Microbial count observation of formulation GF12 with 50% SPT**



### **Table 23: Microbial count observation of formulation GF9 with 100% SPT**



## **Acceptance Criteria: (As per USP)**

**Bacteria:** not less than 1.0 log reduction from the initial calculated count at 7 days, not less than3.0 log reduction from the initial count at 14 days, and no increase from the 14 days count at 28 days.

**Yeast and Molds:** No increase from the initial calculated count at 7, 14 and 28 days.

**RESULT:** Out of six formulations as mentioned above, results of GF10 and GF3 formulation did not meet criteria of U.S.P. compendia. Rest of four formulations meet U.S.P. compendia criteria but the best results were shown by formulation having 100% Parabens concentration i.e. GF6.

### *In vitro* **drug release study**

Drug release studies were performed and the results obtained are given below.



**Table 5.24: Percentage drug release of formulations GF3, GF6, GF9 and Marketed formulation**

**Fig. 5.10: Comparision of** *in vitro* **drug release of formulations GF3, GF6, GF9 and marketed formulation**



The *in vitro* drug release studies revealed that Formulation GF3 shows lowest drug release and formulation GF9 shows intermediate drug release*.* Formulation GF6 shows highest drug release out of the three formulations which is comparable to marketed formulation.

## **Drug Release Kinetic Study**

The data obtained from *in vitro* release studies was fitted into different equations and kinetics models to calculate release kinetics of Timolol maleate from gelling system.

S.	Time	<b>Square</b>	Log	<b>Cumulative</b>	Log	<b>Cumulative</b>	Log cumulative
No.	(min.)	root of	time	percent drug	cumulative	percent	percent drug
		time		released $\pm$ SD	percent	drug	remaining
					drug	remaining	
					release		
$\mathbf{1}$	$\Omega$	$\overline{0}$	$\overline{\phantom{a}}$	$\overline{0}$		100	2
$\overline{2}$	15	3.872	1.176	$12.13 \pm 0.05$	1.083	87.77	1.943
$\overline{3}$	30	5.477	1.477	$16.73 \pm 0.03$	1.223	83.27	1.920
$\overline{4}$	60	7.745	1.778	$19.58 \pm 0.03$	1.291	80.42	1.905
5	120	10.954	2.079	$29.64 \pm 0.06$	1.471	70.36	1.847
6	180	13.416	2.255	$34.9 \pm 0.06$	1.542	65.10	1.813
$\overline{7}$	240	15.491	2.380	$43.09 \pm 0.09$	1.634	56.91	1.755
8	300	17.320	2.477	$48.97 \pm 0.09$	1.689	51.03	1.707
9	360	18.973	2.556	$62.15 \pm 0.05$	1.793	37.85	1.578
10	420	20.493	2.623	$69.45 \pm 0.09$	1.841	30.55	1.485
11	480	21.908	2.681	$78.23 \pm 0.05$	1.893	21.77	1.337
12	540	23.237	2.732	$87.34 \pm 0.06$	1.941	12.66	1.102

**Volume-6, Issue-2, April-2015 Table 25: Drug release kinetic data of formulation GF3** 

**Fig.11: Cumulative percentage drug released vs time plot (Zero order)**



**Fig. 12: Log cumulative percentage drug remaining vs time plot (First Order)**



**Volume-6, Issue-2, April-2015 Fig.5.13: Cumulative percentage drug released vs square root of time (Higuchi's plot)**



Linear regression analysis and model fitting shows that formulation GF6 follows Zero-order kinetics, which has higher value of correlation coefficient  $(r^2)$ .

**Table 26: Regression coefficient (r<sup>2</sup> ) values obtained from various kinetic models**

<b>Formulation</b>   <b>Zero</b> order code	՜տ∸`	<b>First order</b>	ัพ‴	Higuchi model   Korsemeyer-Peppas model $(\mathbf{r}^{\omega})$
GF3	0.986	0.928	0.957	9.974

## **Accelerated Stability Study**

The optimized formulation was stored at  $40\pm2\degree$ C/75 $\pm5\%$ RH for three months. Sample of formulation was taken out at the interval of one month and analyzed for drug and preservative content. The value of assay of drug was found within the specified limits.

**Table 27: Three months stability data of the drug content for formulation GF6**

<b>Formulation</b>	<b>Initial</b>	01Month	02 Month	03 Month
Code	$(\text{mean}\pm S\textbf{D})$	$(mean \pm SD)$	$mean \pm SD$ )	$mean \pm SD$
GF <sub>6</sub>	$99.12 \pm 0.62$	$98.57 \pm 1.03$	$98.19 \pm 0.62$	$97.50 \pm 1.07$



**Fig. 15: Comparision of drug content w.r.t. time in 3 months Accelerated stability study**

**Table 28: Three months stability data of MPS and PPS content for formulation GF6**

<b>Formulation</b>	<b>Preservative</b>	<b>Initial</b>	01Month	02Month	03Month
code		$(\text{mean} \pm \text{SD})$	$(\text{mean} \pm \text{SD})$	$(\text{mean} \pm \text{SD})$	$(\text{mean} \pm \text{SD})$
GF <sub>6</sub>	<b>MPS</b>	$97.40 \pm 1.60$	$96.86 \pm 0.11$	$96.29 \pm 0.14$	$95.97 \pm 0.34$
	<b>PPS</b>	$98.76 \pm 0.11$	$97.93 \pm 0.81$	$97.80 \pm 0.60$	$97.65 \pm 0.95$

Fig. 16: Comparison of MPS and PPS content during Accelerated stability study.



From the figure it is concluded that there is more decrease in MPS content as compared to PPS content during accelerated stability study..

## **Stress Stability Study**

The formulation GF6 was subjected to stress stability study. Samples were taken at the interval of 15 days. Drug and preservative content were determined and the values were found within the limits.

**Table 29: Stress stability study data of drug content for the formulation GF6**

	Formulation code   Initial (mean $\pm SD$ )	$\vert$ 15 days (mean $\pm$ SD)	$30$ days (mean $\pm SD$ )
GF <sub>6</sub>	$99.12 \pm 0.62$	$96.23 \pm 0.37$	$95.15 \pm 1.0$



# **Fig.17: Comparision of drug content w.r.t. time in Stress stability study**

## **Table 30: Stress stability study data of preservative content for the formulation GF6**



**Stress Stability Study** 100 Preservative content(%) 99 98 97 96  $MPS$ 95 **PPS** 94 93 Initial 15 days 30 days Time(days)

**Fig. 18: Comparision of MPS and PPS content w.r.t. time in Stress stability study**

#### **Summary**

The formulation (GF6) was found to be stable upto three months on performing the accerlated stability studies. It was found that the vials did not absorb much drug through this period and the values of drug and preservative content were found within the specified limits. Stress stability study observation is the same as in accelerated stability study that is the formulation does not show significant absorption of preservative and drug. Preservative efficacy test was done to check the efficacy of preservative. This test was passed by four formulations out of six but the best result was found with 100% parabens formulation followed by 100% sodium perborate formulation. Stabilised oxychloro complex did not pass the test. All the formulations were sterilized by autoclaving and then filtered to make it sterilised and finally filled into Eto sterilized vials. In vitro drug release studies were performed and it was found that formulation GF6 with preservatives MPS and PPS gave 87.34% drug release which is better than marketed formulation results. Drug release data ofbest selected formulation (GF6) was subjected to zero order, first order, Higuchi's and Korsemeyer– peppas equation. Based on  $r^2$  values it is concluded that drug follows zero order release pattern and Korsemeyer-Peppas model is the best fitted model.

#### **Conclusion**

All the formulations have been evaluated for different parameters such as pH, viscosity, osmolality, related substances, drug and preservative content. The pH and osmolality of all the formulations are within the limits concluding that they will not cause any discomfort in the eye. The formulation (GF6) shows good viscosity and gelling capacity as compared to others. The presence of any substance related to drug is determined through related substances test. There is no related substance found in all the formulations. The values of preservative and drug content are within the limits in all nine formulations. The efficacy of preservative is determined through preservative efficacy test. Formulation having a preservative combination of methyl paraben sodium and propyl paraben sodium is preferred because it shows maximum preservative effect. Preservative effect of sodium perborate tetrahydrate is better than

stabilized oxychloro complex. Formulation with parabens as preservative system shows *in-vitro* release profile better than marketed formulation. Formulation with stabilised oxychloro complex shows minimum *in-vitro* release but it failed in preservative efficacy test. Formulation with sodium perborate tetrahydrate as a preservative shows good *in-vitro* release and it also passes preservative efficacy test. Drug kinetic studies show that drug release follows zero order release pattern. So it is concluded that out of three preservatives, parabens are the best followed by sodium perborate and the formulation (GF6) is suitable for the treatment of glaucoma.

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